inspire greatness

ACTION PLANS

PRACTICAL ROADMAPS II SUCCESS

MONTHLY GEMS

PRESENTED BY:

limitlessideas™

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PRACTICAL ROADMAPS II SUCCESS

IN PARTNERSHIP

limitlessideas℠
AMPLIFY.UNITE.RESTORE.INSPIRE.



MONTHLY GEMS

Inspire Greatness Action Plans · Presented by Limitless Ideas

YOUR ACTION PLAN · FILL IT IN

Type in every box, tick your choices, and pick your belief levels from 1 to 10, right here in your PDF reader. Then save it, print it, and keep it where you will see it.

BEFORE YOU BEGIN

A little about you

Eleven short answers. Two are required; the rest take a few seconds and shape the examples and the follow-up you get.

Who is filling out this action plan

Your name (required)

Date

Your email (required)

Your phone number (optional)

What this plan is for

How Monthly Gems fits your life right now. Pick what is true today; you can change it any time.

What are you using this action plan for?
Pick one or more.

☐ Starting a business ☐ Growing my business ☐ My job or career ☐ School ☐ Personal development
☐ My team or organization

Where are you right now?

◯ Just getting started ◯ Already in motion ◯ Getting back up after a setback

What kind of month is this for you?

◯ A regular month ◯ A big month: a launch, a deadline or an event ◯ A catch-up month
◯ A fresh start after a slow month ◯ A month to build a new habit ◯ Something else

Your company, school or organization

What state do you live in?

You and Inspire Greatness

All optional. Answering changes nothing about your plan; it only tells us how you found it and whether we are already working together.

Is this your first Inspire Greatness Action Plan?

◯ Yes, my first ◯ No, I have done others

Are you filling this out as a current client of Limitless Ideas Consulting?

◯ Yes, I am a client ◯ No, not yet

How did you hear about this Inspire Greatness Action Plan?

Pick all that apply.

☐ Limitless Ideas Online Store ☐ Limitless Ideas Consulting ☐ Inspire Greatness Action Plans
☐ A Limitless Ideas email, ad or other marketing ☐ Facebook ☐ Instagram ☐ YouTube
☐ Another social media site ☐ Google or another search engine ☐ Someone I know told me
☐ A Limitless Ideas event or webinar ☐ The 50 State Start-Up Challenge
☐ My school, employer or organization ☐ My consultant or coach ☐ Somewhere else

If somewhere else, tell us where

PART 2 · LEARNING STYLES

Learn your way

"Choose one or more learning styles from each category below that you feel you identify with!"

Core	Stress	ReEnforce	Social
☐ Visual Learner	☐ Emotion & Memory	☐ Intrinsic Motivation	☐ Solitary Learner
☐ Audio Learner	☐ Fight or Flight	☐ Positive Reinforce	☐ Group Learner
☐ Kinesthetic Learner	☐ Cognitive Load	☐ Negative Reinforce	☐ Socratic Learner
☐ Learning Styles	☐ Stress Management	☐ Adversarial Reinforce	☐ Observe Learner

PART 3 · MOTIVATION AND BELIEF

Do you believe?

“Belief plays a fundamental role in the success of any endeavor.” From the plan's Motivation and Belief page.

Remember: keep goals in numerical order as you use them in different action plans.

Belief level: on a scale of 1 to 10 with 10 being the highest, how much do you believe in the stated goal? If your belief level is less than an 8, you can build it up or switch to a goal that is a level 8 or above.

Do you believe that you will accomplish your goals/dreams?

◯ Yes ◯ No

Your belief level

“On a scale of 1 to 10 with 10 being the highest, how much do you believe in the stated goal?”

Your level: ◯ 1 ◯ 2 ◯ 3 ◯ 4 ◯ 5 ◯ 6 ◯ 7 ◯ 8 ◯ 9 ◯ 10

Less than an 8? Build it up, or switch to a goal that is a level 8 or above.

PART 4 · THE MONTHLY GRIND

Clarify your outcomes and expectations

Decide on your top outcomes you want to accomplish using Monthly Gems. This could be creating a personal budget, making $5,000 this month, cooking a healthy meal, or starting a business. You get to decide. That is the key. So “checking Facebook” would not count. (Less words = more action.)

When you have written your goal, take at least 2 minutes to visualize (with enthusiasm) in detail the benefits of reaching it. Take at least 2 more minutes to feel passion about obtaining the benefits of reaching your goals now. (Use a vision board, goals written down, and your imagination.) As a man thinks in his heart, so is he!

Your top expectations (outcomes) for this month:

Less words = more action. List them.

Write the desired goal you will reach this month:

Then rate it: your belief level that you will reach your listed outcomes, from 1 to 10. If it is not at an 8 or higher, try to think of another goal that will allow you to stay on track but you can believe in.

This month's goal

Belief level: ◯ 1 ◯ 2 ◯ 3 ◯ 4 ◯ 5 ◯ 6 ◯ 7 ◯ 8 ◯ 9 ◯ 10

PART 5 · STEP 1

Celebrate last month's victories!

Write down everything from the past month that you're proud of. List at least 3 things. Big or small, anything goes. Never forget to praise yourself even over small victories!

Last month's victories: everything you're proud of.
List at least 3 things. Big or small, anything goes.

How did you celebrate your victories?

PART 5 · STEP 2

Monthly impact recap

Write down any key learning experiences and ideas from the past month.

Your key learning experiences and ideas from the past month:
List them. Write as much as you need.

What was the #1 thing you learned about yourself last month while completing this goal?

How did you add value to yourself last month?

PART 5 · STEP 3

Reflect on what did not happen

And the mistakes you made. Be honest with yourself and list the big things that didn't happen and what you can improve for next time.

What didn't happen? What could you have done better last month?
List the big things. Write as much as you need.

What will you do this month to make yourself more effective so you can complete more goals?
A fix for each big thing that didn't happen. Write as much as you need.

PART 6 · YOUR TIME

How much time are you wasting?

"24 hours in one day. 168 hours in one week. 730 hours in one month. 8,760 hours in one year."

Hours you lose a day: _____ × 365 = _____ hours a year

PART 7 · STEP 4

Your time is valuable: check off your goals once completed

Look at your yearly goal (Yearly Goal Action Plan) and fill in your goal for this month. Then write the tasks that help you complete goal 1, and check them off as you complete them.

HRS. = hours it took to complete the task. Did you complete it? = the plan's DYCG?, Yes or No. Fill them in as the month goes.

Look at your yearly goal: (optional)
It carries over from Culture Shock if you have done it. Or write it now.

Yearly goal

Belief level: ◯ 1 ◯ 2 ◯ 3 ◯ 4 ◯ 5 ◯ 6 ◯ 7 ◯ 8 ◯ 9 ◯ 10

Task 1

Task 1 · Hrs. (optional)

Task 1 · Did you complete it? (optional)

◯ Yes ◯ No

Task 2

Task 2 · Hrs. (optional)

Task 2 · Did you complete it? (optional)

◯ Yes ◯ No

Task 3

Task 3 · Hrs. (optional)

Task 3 · Did you complete it? (optional)

◯ Yes ◯ No

Task 4 (optional)

Task 4 · Hrs. (optional)

Task 4 · Did you complete it? (optional)

◯ Yes ◯ No

Task 5 (optional)

Task 5 · Hrs. (optional)

Task 5 · Did you complete it? (optional)

◯ Yes ◯ No

Task 6 (optional)

Task 6 · Hrs. (optional)

Task 6 · Did you complete it? (optional)

◯ Yes ◯ No

Task 7 (optional)

Task 7 · Hrs. (optional)

Task 7 · Did you complete it? (optional)

◯ Yes ◯ No

Task 8 (optional)

Task 8 · Hrs. (optional)

Task 8 · Did you complete it? (optional)

◯ Yes ◯ No

Task 9 (optional)

Task 9 · Hrs. (optional)

Task 9 · Did you complete it? (optional)

◯ Yes ◯ No

Task 10 (optional)

Task 10 · Hrs. (optional)

Task 10 · Did you complete it? (optional)

◯ Yes ◯ No

Please list desired outcomes for the month, or extra tasks you completed as you reached the above goal: (optional)

It is very important to celebrate small victories… Add them as you complete them.

PART 7 · FILL IN THE GAPS

Fill in the gaps and housekeeping

The end of the action plan. Look at what's left on your monthly to-do list. Now look at your calendar and see when you could fit the little things in you did not complete from last month. (It is okay if you're not able to do them all; just give it your all to complete the ones you choose to do.)

Did this month's goals help move you closer to your yearly goal?

◯ Yes ◯ No

List 1 to 3 things:

What moved you closer to your yearly goal, or what held you back.

WHAT KIND OF RESEARCH DID YOU DO TO HELP YOU COMPLETE YOUR MONTH GLOBALLY?

Movie (optional)

Book (optional)

Mentor (optional)

Google (optional)

Other research (optional)

PART 8 · FINISH AND ACT

Your Monthly Gems plan

Congratulations! You are Finished!

We are thrilled to celebrate your successful completion of the Limitless Ideas Action Plan. Your commitment, dedication, and hard work have paid off, and we commend you for taking this important step towards personal growth and achievement.

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